



Fresh Baked Regular Bagels

Plain, Sesame, Onion, Cinnamon Crunch
with Cream Cheese
with Chocolate

Fresh Baked Specialty Bagels

Cinnamon Raisin, Chocolate, Whole Wheat, Multi
Grain and Olive
With Cream Cheese Spread
With Cream Cheese Spread



Bagel Sandwiches with your choice of Bagel

Cucumber & Cream Cheese
Smoked Turkey or Salami & Cream Cheese
Smoked Turkey or Salami & Cheddar
Tuna with Mixed Vegetables
Egg Omelet Cheddar
Egg Omelet Turkey or Basterma & Cheddar
Sub Sandwich Smoked Turkey, Salami & Cheddar

Healthy Choices and Wraps

Veggie Wrap - Fresh Vegetables with Ranch Dressing
Tuna Wrap with Mixed Fresh Vegetables
Turkey Cheese Wrap with Mixed Vegetables
Breakfast Burrito with Salsa and Cheddar Cheese

Hot Items & Sandwiches

Grilled Cheese Sandwich
Grilled Cheese Turkey or Basterma
Cheese Quesadilla, Pepper Jack & Cheddar with Salsa
Turkey Quesadilla, Pepper Jack & Cheddar, Salsa
Cheese Pizza Bagel
Nachos With Salsa or Cheese Sauce
Olive Bread

Small Salads Rotation

Veggie Sticks with Dip
Potato Salad with Hard Boiled Egg
Coleslaw Salad
Green Peas Salad



Beverages

Fresh Squeezed Orange Juice
Fresh Squeezed Mint Lemonade
Fresh Squeezed Lemon Ice Tea
Sobia
Hibiscus
Juice Box or Milk Box
Water
Filtered Coffee



Snacks

Granola Bar
Energy Granola Bar
Small Energy Granola Bar
Yogurt & Granola Cup
Small Yogurt & Granola Cup
Yogurt & Granola Cup with Honey
Small Yogurt & Granola Cup with Honey
Muffins - Whole Wheat Banana, Lemon or Carrot
Muffin - Carrot with Frosting
Marble Pound Cake
Cookies - Oatmeal, Gingersnap, Snicker
Doodle or Chocolate Chips
Cheesecake Cup
Rice Pudding
Dark Delight Pudding
Milk Tart
Popcorn
Belgian Waffle on Stick
Belgian Waffle with Honey
Belgian Waffle with Chocolate
Brownies



Hot Specials Rotation

Grilled Chicken Breast
Grilled Chicken Breast Wrap
Grilled Chicken Breast Sandwich with Lettuce & Tomato
Grilled Chicken Breast Wrap with Lettuce & Tomato
Beef Burger With Lettuce & Tomato
Beef Burger Wrap With Lettuce & Tomato
Chicken BBQ Sauce
Beef Shawerma
Chicken Kofta
Half Hawawshey
Sloppy Joe on a Bun
Chicken Panee

Special Hot Meals Small Rotation

Chicken Tender with Pepper Sauce & Rice
Popeye Chicken with Spinach
Chicken Kofta With Oriental Rice & Veggies
Beef Strips With Pepper Sauce
Shish Kebab with Rice
Spaghetti Tomato sauce & Chicken Panee
Spaghetti Bolognese
Chili With Rice
Mac & Cheese
Mashed Potatoes